



Detailed itinerary - Cyclotourist and electric bike discovery route

# Les Trois Saints et la Croix Bleue

km  
43



## Arrival / departure from the Vals du Dauphiné tourist office - Pont de Beauvoisin office

Bicycle tourists: with regard to parking facilities, you might consider departing from the school / town hall / church of St Jean d'Avelanne (37km) or from the SNCF train station in Pont de Beauvoisin (bikes are permitted on the TER), 41 km.

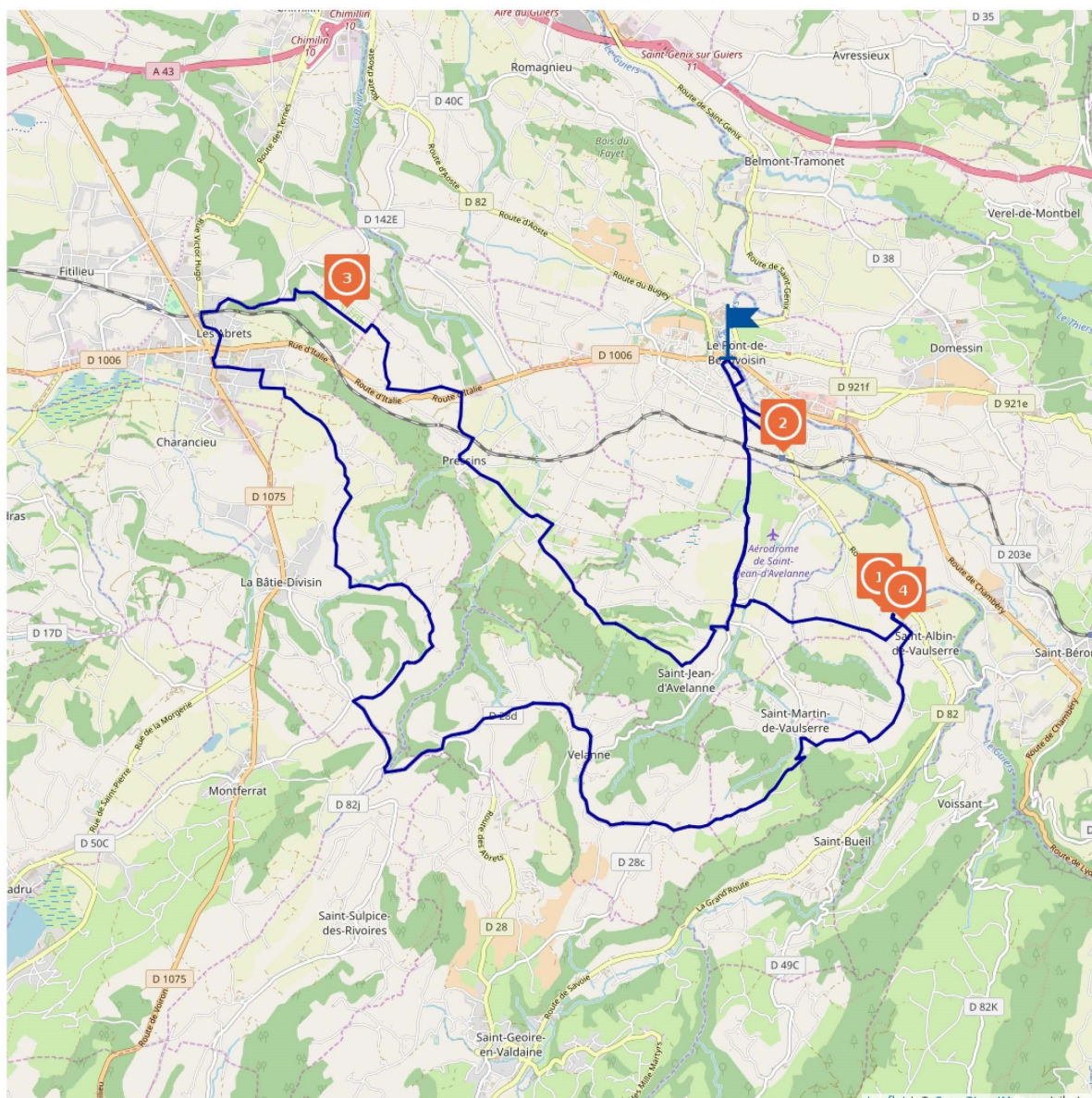
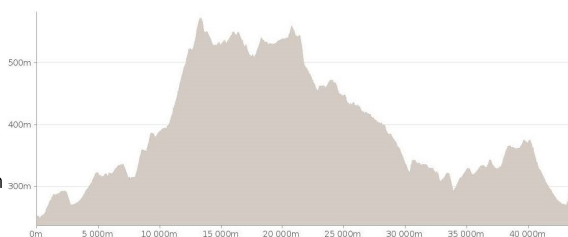


You will come across plenty views of the Epine and Chartreuse mountains and numerous mission crosses throughout your trip along this hilly route!



Ascending elevation: +635 m

Descending elevation: - 633 m





## - ADVICE -

The right adjustment when you approach the climbs on an electric bicycle:

- Gears 1 or 2
- Assistance at 3



GPX file can be downloaded from:

- [www.cirkwi.com](http://www.cirkwi.com)
- [www.tourisme-valsdudauphine.fr](http://www.tourisme-valsdudauphine.fr)

Open it on:

[www.calculitineraires.fr/importer-gpx.php](http://www.calculitineraires.fr/importer-gpx.php)

Or directly on your GPS



Leave the tourist office and go onto « Rue Gambetta », on your right alongside the windows



Take the first right « Rue de l'Ancien Collège » and continue straight ahead, going past the Lucien Morard school and onto « Rue des Douanes »,



At the end of the road, turn right onto « Place du Théâtre de la Verdure »



At the end, turn left onto « Avenue Lattre de Tassigny » and continue straight ahead



At the top of the climb, at the STOP sign, take a right



At the roundabout, take the first exit on the right towards « A43 / Pressins / Les Abrets»

 SNCF train-station



After 300m, turn left onto « Chemin des Carmes » then continue straight for 2,5 km



At the intersection, follow the one-way street between the church and the school



At the end of the bend, at the STOP sign, turn right onto the small bridge



Continue straight ahead for 2 km



Turn left onto « Route de la Mairie ».



*The Vaulserre castle (round trip to the entrance available - visit in summer)*



After the church and the town hall, take the first right towards « Saint Martin de Vaulserre/ Le Lanet/ Le Mercier / La Branchat »



*Orientation tables in the Guiers Valley and picnic in front of the Church*



Follow the road, keeping to the left, passing in front of the statue of the Virgin Mary, and at about 300m, continue left on « Route du Partage » until the end (pass to the right of the Cross and the Mercier hamlet)



*Views at various points over the entrance to the Gorges de Chailles and therefore the Char-treuse mountains.*

-  At the end, facing the cross, take a right towards « *Saint Martin de Vaulserre* »
-  Follow the left turn until you reach another 90° left turn going towards « *Velanne/ Le Bapt* »
-  This is the beginning of a wonderful 2.5km climb going through the hamlet of Bapt until the farm of Mont Charvet
-  After the farm, take a right turn towards « *la Sauge* »
-   Turn left, then immediately right towards the centre of the village of « *Velanne* ».
-  At the intersection, after the school, turn left towards « *La Bâtie Divisin/ Les Abrets / Montferrat ( D28C)* »
-  Continue straight and follow direction towards « *Les Abrets* » (the bus shelter should be on your right)
-   At the end, take the right turn going towards « *Montferrat/ La Bâtie Divin/ Les Abrets* »  
Continue on « *Route de Saint Geoire* » and enter the hamlet of « *la Charrière* »
-  Take the first road on your right « *Route du Sougey* », passing a new cross
-  Keep right and go in the direction of « *Miquet* » on « *Lavoir du Cholet* ».  
You will now begin a beautiful descent, mind your speed
-   At the bottom, turn left.  *Beautiful open view over the Epine Massif*
-  50m after the « *lavoir* » (wash house), turn left onto « *Route du Sougey* »
-  Continue straight, passing by the Croix du Plan  *The Sougey wash house*
-  At the second cross, turn right onto « *Route de la Chapelle* » and at the bend follow« *Les Abrets* »
-  Continue straight towards « *La Chapelle* » (turn left and then right)
-  Go through the village of La Chapelle (WARNING: priority to the right at the exit of the village) and continue
-   Turn left, passing in front of « *La Croix Bleue* » onto « *Rue Adrien Bourgeat* »  *The Croix Bleue and its view from the trail opposite*

→ Take the first right onto « *Chemin des Templiers* »

← At the end, turn left



*The ruins of the Perret Castle or Bayard Castle and its reading table*

→ After 300m, turn right onto « *Rue du Colombier* » (no entry except for bicycles)

← Then take the first left (passing in front of the school)

→ At the end, turn right onto « *Rue Jean Janin* »

↑ ⚠ At the end, set foot on the ground to cross one of the two pedestrian crossings (RD 1006) and follow the road in front of you

⚠ At the end of the descent, 2 options:

1 - Shortcut with foot on the ground on 200m (rolling pebbles - highly not recommended with children trailer): Close up on the right on the « *Chemin du Beurrier* ». At the end of this road, go straight on the gravel path. Way above the railway track and follow to the right after it. Go down, foot on the ground, until the end of the path, and then, when you are back on the road, take to the right.

2 - Follow the left turn by staying on « *Chemin Doutan* ». At the give way sign, take to the right on the « *Rue Victor Hugo* ». Then, take the first road on the right after the bridge of the railway track and follow the direction of « *Romagnieu / La Bruyère* ». Follow the bends during approximately 1km.

→ Turn right at the fork (just before the tip) onto « *Route de Veroud* » and follow the left bend going uphill

↑ Continue straight



*Camping 4\* - Le Coin Tranquille - Ice-creams, bar and restaurant*

← → At the end of this lane, follow the left turn and then take the first right

← ↑ Follow the various downhill bends and then turn left at the end

↑ ⚠ Continue straight (passing by a bus shelter) until you reach the RD 1006.

⚠ ↑ CAUTION - TRICKY CROSSING - Opposite, follow signs towards « *Mairie / Fallamieux* »

→ At the end, take a right and cross the railway. Take a left turn.

⚠ Continue straight ahead (WARNING: priority to the right)

↑ Continue straight ahead, passing in front of the school and town hall.  
Then, continue straight on « *Route du Village* » to the village of Fallamieux




  Upon entering the village: CAUTION - PRIORITY TO THE RIGHT

Continue ahead in the direction of « *St Jean d'Avelanne* »


 When leaving the village, take the small road on your right « *Chemin du Pré Pugier* »

 At the end, take a left heading towards « *St Jean d'Avelanne* » on « *Chemin de Bletenay* »

 At the fork, keep right and continue straight ahead on « *Chemin de Mollarond* »

 *The atmosphere and beauty of this Mollarond valley*



 At the end of this road, take a left and follow the road downhill through the woods

 *To the left, there is the barn and fortified house of Mollarond. To the right, the view!*

  At the STOP sign, turn left, go straight down and go past the town hall of St Jean d'Avelanne

  CAUTION: take the direction of « *Le Varnier* » in front of you (second road on the left)

 Continue straight for 2,5km (cross over the railway)

  At the end of « *Chemin des Carmes* », take (to the left of the pedestrian crossing), the small path which goes down to the left (*Chemin du Vieux Coulu*)

  At the STOP sign, at the bottom, turn left onto « *Avenue Gabriel Pravaz* »

  At the junction, turn right onto « *Place de la République* ». You have reached your destination.

You are back to the tourist office!